## **Amendments to the Claims:**

The following listing of claims will replace all prior versions, and listings, of claims in the application:

- 1. (Original) A complex of plant sterol and egg yolk lipoprotein.
- 2. (Original) The complex according to Claim 1, wherein the egg yolk lipoprotein is lipoprotein contained in PLA modified egg yolk, decholesterolized egg yolk or PLA modified decholesterolized egg yolk.
- 3. (Original) The complex according to Claim 1, wherein the component ratio of plant sterol to egg yolk lipoprotein is 5 to 232 parts by mass of plant sterol per 1 part by mass of egg yolk lipoprotein.
- 4. (Currently Amended) The complex according to any of Claims 1 through 3 Claim 1, which is a dried powder.
- 5. (Currently Amended) A food product containing the complex according to any of Claims 1 through 4Claim 1.
- 6. (Currently Amended) A method for manufacturing the complex according to any of Claims 1 through 4Claim 1, wherein the egg yolk lipoprotein and plant sterol are stirred and mixed in a water-based medium.

- 7. (Original) The method for manufacturing the complex according to Claim 6, wherein 232 parts by mass or less of plant sterol is used per 1 part by mass of egg yolk lipoprotein.
- 8. (Currently Amended) The method for manufacturing a complex according to Claim 6-or 7, wherein egg yolk liquid is used as the egg yolk lipoprotein.
- 9. (Currently Amended) The method for manufacturing a complex according to Claim 6-or 7, wherein a dilute egg yolk liquid is used as the egg yolk lipoprotein.
- 10. (Currently Amended) The method for manufacturing a complex according to Claim 8-or-9, wherein 185 parts by mass or less of plant sterol is used per 1 part by mass of egg yolk solids.
- 11. (Currently Amended) The method for manufacturing a complex according to any one of Claims 6 through 10 Claim 6, wherein the mean grain size of the plant sterol is 50 μm or less.